



### Extra Summer Classes

**Skyblue Art -**  
Mondays 5/7, 12/7, 19/7, 26/7  
[www.skyblueartclasses.co.uk/](http://www.skyblueartclasses.co.uk/)  
**Hartbeeps -**  
Thursdays 29/7 – 19/8  
Tel: 07792 007812

**Rosie Chesson Dance -** Thursday 12/8/21  
[www.rosiechessondance.co.uk/](http://www.rosiechessondance.co.uk/)

**Polish Island -** Thursdays 12/8 and 19/8  
Tel: 07740 869477

### Classes Resuming Soon

**Lady Amethyst Spiritual Centre -**  
Charity Clairvoyant sessions on the  
2<sup>nd</sup> Saturday of the month  
14/8 Gary Mannion,  
Psychic Surgeon

### New Classes Starting Soon

**Kundalini Yoga -**  
Starts 7/9/21  
Tuesdays 18:00 – 19:15  
19: 25 – 20:40  
[Kundalinirealm@hotmail.com](mailto:Kundalinirealm@hotmail.com)

### Classes Resuming Soon

**Fitness League -**  
Starts 20/9  
Mondays 10:00 – 11:00  
11:15 – 12:15  
Tel: 07766 953303

### New Class New Timings

**Chair Yoga & Meditation with Martina -**  
Mondays 9:00 – 09:45  
Tel: 07813 071923

### Classes Resuming Soon

**Circle Dance -**  
Starts 9/9  
2<sup>nd</sup> & 4<sup>th</sup> Thursday afternoons  
Tel: 01903 261660

### Become a Member of the Centre

The Centre is starting to buzz again. As with lots of other businesses, The Heene has taken a financial hit during the pandemic. This is why I would like to ask everyone to **support The Heene** by joining up and paying the small annual subscription. So whether you are a café customer, a hirer, or a customer attending a class here, call at reception for more details to sign up and become a member of the Centre.

### Party Bookings

**Have you booked your party yet?**  
We are booking parties to take place from Monday 19<sup>th</sup> July! The Shakespeare Hall is the perfect sized hall to hold your bouncy castle parties. We are now taking bookings for Wedding Receptions next year. The Shakespeare Hall looks amazing with the circular tables for a special occasion.

### Cafe one22 New Menu

**Visit Cafe one22**, your friendly community café. The current opening hours are Mondays to Fridays 9:30 – 2:30 and Saturdays 09:00 – 14:00. Have a look at the new menu on Facebook, the website or in the Centre.

### Garden Areas

**The garden areas are for the customers of the cafe and party hirers to enjoy.** This is after 11.30am during term-time, but from 9am during the holidays. Check out the play areas for your kiddies to play, while you watch and relax in the garden, eating lunch from the cafe.

### Limited Availability for New Classes

If you are thinking of running a class, get in touch and see what availability there is for daytime sessions, evenings or weekends.

*At the Heart of the community since 1986*